



NORTH TEXAS ALLERGY & ASTHMA ASSOCIATES

Locations throughout Dallas – Specializing in personalized care since 1927
Main: (214) 369-1901 ~ Fax: (214) 369-1905

About Your Physician - Ashwin Kumar Shankar, D.O.

MEDICAL TRAINING

July 2022-June 2024	Pediatric and Adult Allergy/Immunology Fellowship - Chief Clinical Fellow Case Western Reserve University/University Hospitals Cleveland Medical Center
July 2019-June 2022	General Pediatrics Internship and Residency - Chief Institutional Resident Authority Health at the Children's Hospital of Michigan, Detroit, Michigan

EDUCATION

July 2021-June 2022	Certification in Population Health and Health Equity University of Michigan - School of Public Health, Detroit, Michigan
July 2015-June 2019	Doctorate of Osteopathic Medicine A.T. Still University of Health Sciences

EMPLOYMENT HISTORY

September 2026-Present	North Texas Allergy and Asthma Associates Pediatric and Adult Allergist/Immunologist
June 2026-Present	Allergy and Asthma Network Medical Editor and Contributor
September 2024-2026	Aspire Allergy and Sinus Pediatric and Adult Allergist/Immunologist

BOARD CERTIFICATION

Board Certifications:	American Osteopathic Board of Pediatric and Adult Allergy and Immunology American Osteopathic Board of Pediatrics
-----------------------	--

HONORS & AWARDS

Post Training:	Item Writer - Allergy and Immunology Board Certification Exam Aspire Allergy and Sinus - Clinical Champion Physician Provider Award Texas Monthly - Top Doctor in Texas - Rising Star Journal of Osteopathic Medicine Award - OMT in Chronic Rhinosinusitis ACAAI Leadership Summit: Generation Next ACAAI/AAAAI Case Report Reviewer for Annual Meetings AAAAI NAIA Fellow-In-Training Mentor AAAAI Chrysalis Project Program Faculty Mentor
Residency & Fellowship:	Contact Dermatitis Institute & ACAAI Hands On Patch Testing Scholarship Cleveland Academy of Medicine Research Awards (Allergy/Immunology) AOA Bureau of Emerging Leader (BEL) OMED Scholarship ACAAI/AAAAI Fellow-In-Training Scholarship Wayne State University School of Medicine Excellence in Teaching Award

Outstanding Senior Resident of the Year
AAAAI Chrysalis Project Participant
Outstanding Intern of the Year
Pediatric Resident of the Month

Medical School: Commitment to the Underserved Award
Translating Osteopathic Understanding into Community Health Silver Award

CURRENT HOSPITAL AFFILIATIONS

September 2026-Present	Baylor Regional Medical Center at Plano
September 2026-Present	Presbyterian Hospital of Dallas

PROFESSIONAL ASSOCIATIONS

2025-Present	Texas Allergy, Asthma, and Immunology Society (TAAIS) Texas Medical Association (TMA) Dallas County Medical Society (DCMS) American Association of Allergist & Immunologists of Indian Origin (AAAIIO)
2024-Present	New Allergists/Immunologists Assembly (NAIA) Dallas Fort Worth Metroplex Allergy Society (DFWAS) Cleveland Allergy Society (CAS) Allergy & Asthma Network (AAN)
2021-Present	American Academy of Allergy, Asthma, and Immunology (AAAAI) American College of Allergy, Asthma, and Immunology (ACAAI)
2019-Present	American Academy of Pediatrics (AAP) American College of Osteopathic Pediatricians (ACOP)
2015-Present	American Osteopathic Association (AOA) American Medical Association (AMA)

RESEARCH ACTIVITIES

Clinical Trial

2026 Novartis Pharmaceuticals, Study No.: CLOU064AUS04 - "Remibrutinib in real-world clinical practice: a prospective, multi-country, non-interventional, effectiveness and safety study (REASSERT)", Aspire Allergy & Sinus

Publications

2025 A George Washington University Research Project on Memorialization, Misinformation, and the Consequences of the COVID-19 Pandemic: "All of Us Were Willing to Run into the Fire"

Journal of Osteopathic Medicine - The Effect of Osteopathic Manipulative Treatment on Chronic Rhinosinusitis, Case Western Reserve University/University Hospitals Cleveland Medical Center, Allergy/Immunology Associates, Oklahoma State University College of Osteopathic Medicine, Lake Erie College of Osteopathic Medicine

2024 Journal of Clinical Immunology - COVID-19 Vaccination In Patients with Inborn Errors of Immunity Reduces Hospitalization and Critical Care Needs Related to COVID-19: A USIDNET Report, Cleveland Clinic and Case Western Reserve University/University Hospitals Cleveland Medical Center

Nature/Pediatric Research - Increased Mortality in Infants with Abnormal T-Cell Receptor Excision Circles, Children's Hospital of Michigan

2023 Pilot and Validation Studies: A Novel Mutation of IL21R in a Patient with Common Variable Immunodeficiency, Case Western Reserve University/University Hospitals Cleveland Medical Center and Allergy/Immunology Associates

- 2022 Pollen Review - Northern Ohio Physicians Journal: Academy of Medicine of Cleveland and Northern Ohio (AMCNO) Pollen Line 2022 Review, Case Western Reserve University/University Hospitals Cleveland Medical Center and Allergy/Immunology Associates

Abstracts

- 2024 Osteopathic Medical Education Conference (OMED) 2024 Abstract: The Effect of Osteopathic Manipulative Medicine in Chronic Rhinosinusitis in Individuals 18 Years of Age and Older, Case Western Reserve University/University Hospitals Cleveland Medical Center, Allergy/Immunology Associates, Oklahoma State University College of Osteopathic Medicine, Lake Erie College of Osteopathic Medicine
- 2023 Cleveland Academy of Osteopathic Medicine 2023 Abstract Research Award Late Onset Gamma Interferon Receptor-1 Deficiency with Nontuberculous Mycobacterial Infection, Case Western Reserve University/University Hospitals Cleveland Medical Center, Allergy/Immunology Associates
- The Impact of Osteopathic Treatment Tympanogram Results in Pediatric Patients: Case Western Reserve University/University Hospitals Cleveland Medical Center, Allergy/Immunology Associates, Lake Erie College of Osteopathic Medicine
- ACAAI Annual Meeting: Late Onset Gamma Interferon Receptor-1 Deficiency with Nontuberculous Mycobacterial Infection, Case Western Reserve University/University Hospitals Cleveland Medical Center, Allergy/Immunology Associates
- The Efficacy of Osteopathic Manipulative Treatment in Low Back Pain During Pregnancy: A Meta-Analysis, Case Western Reserve University/University Hospitals Cleveland Medical Center, Allergy/Immunology Associates, Lake Erie College of Osteopathic Medicine
- The Benefits of Osteopathic Manipulative Medicine on Headache: A Meta-Analysis, Case Western Reserve University/University Hospitals Cleveland Medical Center, Allergy/Immunology Associates, Lake Erie College of Osteopathic Medicine
- The Benefits of Osteopathic Manipulation on Pulmonary Function in Patients with Chronic Obstructive Pulmonary Disease (COPD): A Meta-Analysis, Case Western Reserve University/University Hospitals Cleveland Medical Center, Allergy/Immunology Associates, Lake Erie College of Osteopathic Medicine
- AAAAI Annual Meeting: Munchausen Syndrome by Proxy Mimicking Idiopathic Anaphylaxis, Michigan State University, Case Western Reserve University/University Hospitals Cleveland Medical Center and Allergy/Immunology Associates
- Cleveland Academy of Medicine Abstract Research Award Munchausen Syndrome by Proxy Mimicking Idiopathic Anaphylaxis, Michigan State University, Case Western Reserve University/University Hospitals Cleveland Medical Center and Allergy/Immunology Associates
- Cleveland Academy of Medicine Abstract Research Award Familial Eosinophilic Esophagitis with a Dominant Inheritance Pattern: A Case Series, Case Western Reserve University/University Hospitals Cleveland Medical Center and Allergy/Immunology Associates
- 2022 The Efficacy of Osteopathic Manipulative Treatment in Reducing the Length of Hospital Stay: A Meta-Analysis, Case Western Reserve University/University Hospitals Cleveland Medical Center, Allergy/Immunology Associates, Lake Erie College of Osteopathic Medicine
- The Benefits of Osteopathic Manipulation on Low Back Pain: A Meta-Analysis, Case Western Reserve University/University Hospitals Cleveland Medical Center, Allergy/Immunology Associates, Lake Erie College of Osteopathic Medicine
- ACAAI Annual Scientific Meeting: A Novel Mutation of IL21R in a Patient with Common Variable Immunodeficiency, Case Western Reserve University/University Hospitals Cleveland Medical Center and Allergy/Immunology Associates
- The Effect of Muscle Energy in Patients with Adhesive Capsulitis: A Meta-Analysis, Case Western Reserve University/University Hospitals Cleveland Medical Center, Allergy/Immunology Associates, Lake Erie College of Osteopathic Medicine

Quality Improvement

- 2024 Video Series: Procedural Training in Allergy/Immunology, Allergy and Immunology Associates, Case Western Reserve University/University Hospitals, Cleveland Medical Center
- A Protocol-Based Approach to Drug Challenges and Desensitizations in the Outpatient and Inpatient Setting, Allergy and Immunology Associates, Case Western Reserve University/University Hospitals, Cleveland Medical Center
- 2023 An Approach to Osteopathic Manipulative Medicine in Asthmatics in the Outpatient Setting, Allergy and Immunology Associates, Case Western Reserve University/University Hospitals, Cleveland Medical Center
- 2022 An Inpatient and Outpatient Algorithmic Approach to Antibiotic Allergy Testing in Transplant Patients, Pulmonary and Critical Care Department, Allergy and Immunology Associates, Case Western Reserve University/University Hospitals, Cleveland Medical Center
- 2021 Algorithmic Approach to Eosinophilia in the Emergency Department, Allergy/Immunology Clinic, and Hematology/Oncology Clinic Setting, Children's Hospital of Michigan
- 2020 Picture-Based Asthma Action Plan, AAAAI and Children's Hospital of Michigan
- 2019 Screening of Adverse Childhood Experiences in Community Clinics, Authority Health and Western Wayne Family Health Centers

ORAL PRESENTATIONS

- 2026 The Itch Podcast: Adults and Asthma Peak Week, Allergy and Asthma Network
- Step Therapy in Asthma: When and How to Step Up and Step Down, American Society of Allergy Professionals (ASAP) Education Summit
- Efficacy of Epinephrine Nasal Spray in the Treatment of Urticaria and Oral Food Challenges after Treatment with Omalizumab in the Clinical Setting, AAAAI+New Allergist/Immunologist Assembly (NAIA) and Journal of Allergy and Clinical Immunology (JACI)
- Intralymphatic Immunotherapy & Artificial Intelligence, Cleveland Allergy Society
- 2025 Exploring Careers in Allergy/Immunology, Speaker Panel, AAAAI
- Health Effects of Antihistamines, Steroids, and Decongestants, ASAP Education Summit
- Choosing A Biologic for Your Asthma Patients, ASAP Education Summit
- 2024 Aeroallergens: Seasonality, Cross-Reactivity, Anticipatory Guidance and More, ASAP Education Summit
- Pediatric Allergy/Immunology: Keys To Board Examination Preparation, Rainbow Babies Children's Hospital, University Hospitals - Cleveland Medical Center
- 2023 Late Onset Gamma Interferon Receptor-1 Deficiency with Nontuberculous Mycobacterial Infection, ACAAI
- The Diagnosis and Management of Food Allergies in the Setting of the Adult and Pediatric Populations, Rainbow Babies Children's Hospital, University Hospitals - Cleveland Medical Center
- Late Onset Gamma Interferon Receptor-1 Deficiency with Nontuberculous Mycobacterial Infection, Cleveland Allergy Society
- Suspected Neonatal Hemophagocytic Lymphohistiocytosis (HLH) in the setting of Bacterial Sepsis, Rainbow Babies Children's Hospital Grand Rounds
- Munchausen Syndrome by Proxy Mimicking Idiopathic Anaphylaxis, AAAAI
- A Novel Mutation of IL21R in a Patient with Common Variable Immunodeficiency, Cleveland Allergy Society
- Munchausen Syndrome by Proxy Mimicking Idiopathic Anaphylaxis, Cleveland Academy of Osteopathic Medicine
- Food Allergies, Cleveland Allergy Society

- 2022 A Novel Mutation of IL21R in a Patient with Common Variable Immunodeficiency, ACAAI
Food Allergies, OMED - National Medical Conference
Screening of Adverse Childhood Experiences in Community Clinics, Pediatric Academic Societies
Asthma and Allergies, Brilliant Detroit
- 2021 Adverse Childhood Experiences, Brilliant Detroit
Teens for Vaccines – COVID-19 Vaccine Initiative, Detroit Public Schools Community District, Detroit Health Department, and NAACP Council
Nutrition and Health Living in the Community, Brilliant Detroit
Mental and Health and Stress, Brilliant Detroit
Pediatric Dermatology and Immunology in Inner City Children, Authority Health
Cultural Competency and Diversity in Pediatrics (Video Exhibition), Authority Health
- 2020 Pediatric Preventive Medicine and Community Health, Authority Health
Optimizing Nutrition for Children with Behavioral Health Disorders, Black Family Development,
The Effects of Stress on the Body and How to Manage Stress, Heartline Inc.
Steroid Sensitive Vs. Steroid Resistant Nephrotic Syndrome, Authority Health
The Effects of Vaping and E-Cigarettes in the Pediatric Population, The International Academy
Mycoplasma Mucositis, Children's Hospital of Michigan
- 2019 Drug Rash with Eosinophilia and Systemic Symptoms (D.R.E.S.S.), Children's Hospital of Michigan
Approach to Rash and Fever in Pediatrics, North Country Healthcare
Antimicrobials for Common Infections, North Country Healthcare
Approach to Influenza in Pediatrics, Presbyterian Medical Center
Colorectal Cancer and Screening, House Calls Radio Segment on Hopi Native American Reservation
Evaluation of Patient-Provider Communication, National Association of Community Health Centers

COMMUNITY SERVICE ACTIVITIES

2026-Present	Allergy & Asthma Network Community Outreach Programs
2024-Present	AAAAI & ACAAI Faculty Physician Mentor (Fellows/Residents/Students)
2024-Present	Pediatric & Adult Allergy/Immunology Mentor for Advanced Practice Providers
2024	AAAAI Basic Science/Immunology Course Reviewer
2022-2024	Pollen Counting at Academy of Medicine of Cleveland and Northern Ohio
2020-2022	Salvation Army Food Truck / Detroit Boxing Gym / Black Family Development
2019-2022	Pediatricians Educating and Advocating for Community Health
2016-2019	Arizona Osteopathic Medical Association Annual Conventions
2008-2017	Memorial Hermann Medical Group, Houston, Texas